from Docker 1.5 you can now expose a range of ports to other linked containers using:

The Dockerfile [EXPOSE](https://docs.docker.com/engine/reference/builder/#expose) command:

EXPOSE 7000-8000

or The Docker [run](https://docs.docker.com/engine/reference/commandline/run/) command:

docker run --expose=7000-8000

Or instead you can publish a range of ports to the host machine via Docker [run](https://docs.docker.com/engine/reference/commandline/run/) command:

docker run -p 7000-8000:7000-8000

